

My Pregnancy Journal

A gift to you from
Raising Sticky Hands To Heaven
RaisingStickyHands.com

Pregnancy is such an exciting time. No other time in your life will ever compare to this, that is a fact.

One thing that many moms regret later is not keeping better documentation of milestones, memories, and photos to keep as a memento of this time. What you think now that you will remember, you will forget later.

Please accept this gift from our blog family to your growing family. Feel free to share the link to [our website](#) with your friends so that they may receive a journey of their own, but please do not share your downloaded copy.

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The graphics in this printable set are from [Babystar Design](#).

Congratulations and enjoy!



My last menstrual period was on:

I found out I was pregnant on:

How I told Daddy:

When/how we told others:

My first visit to the Dr/ Midwife:

Due date: (Extra line in case it changes)

First heard the heartbeat on:

First ultrasound was on:

We found out the gender on:

We registered at:



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